

Moshan

STARTERS

All starters are served with salad & homemade coleslaw (excl the soup)

(V) Trinidad Roti - £8.95

A paratha flat bread filled with curried lentil & sweet potato

Jerk Chicken Skewers - £8.95

Grilled jerk chicken breast with onions & peppers

Jerk Pork Belly - £8.95

Slices of grilled jerk pork belly, served with dipping honey

Stamp & Go - £8.95

Spiced saltfish fritters, peppers, onions fried in turmeric batter

Jamaican Pattie - £7.95

Curried lamb or saltfish baked in a cornmeal pastry

(V) Jamaican Veg Pattie - £7.95

Curried mixed vegetables baked in a cornmeal pastry

(V) Cassava Chips - £7.95

(made from the root of the Yuca plant)
Crispy on the outside, fluffy & creamy on the inside

(V) Jerk Garlic Mushrooms - £7.95

MAIN MENU

A taste of the Caribbean!

From The Grill

MAINS

One Pot Dishes - all £11.95

Moshan Mixed Grill - £24.95

Jerk lamb chop, 5oz rump steaks, 8oz jerk chicken breast & jerk pork belly

+ served with seasoned fries, salad & coleslaw

Minted jerk lamb steaks - £19.95

Two lamb steaks marinated in our unique minted jerk marinade

+ served with jamaican sweet potato mash (white), sweet pepper gravy, salad & coleslaw

Jerk Rum Steak - £19.95

8oz beef sirloin steak marinated in our homemade jerk seasoning with a rum gravy

+ served with seasoned fries, salad & coleslaw

Jerk Chicken - £15.95

Boneless chicken breast marinated in our homemade jerk seasoning

+ served with rice n peas, salad & coleslaw

Mac Cheese & Jerk Chicken Bake - £14.95

Baked both together and grilled

+ served with Chili Garlic bread & Coleslaw

(V) Barbados Bake - £11.95

Macaroni baked in a creamy cheese sauce with peppers, onions & spices topped with cheese & baked until golden

+ served with chili garlic bread & coleslaw

Please choose your sides separately to go with the following dishes

Curried Goat

An authentic Jamaican dish, some bones remain therefore not suitable for children



Caribbean Chicken Curry

Chicken breast & sweet potato in a creamy coconut curry sauce



Brown Stew Chicken

Succulent chicken thighs cooked in a rich gravy with carrots & potatoes

Caribbean Fish Curry

Chunks of cod, king prawns & papaya cooked in a creamy coconut curry sauce



Ackee & Saltfish

Salted codfish, peppers, onions, tomatoes & chilli
"Jamaica's national dish"

Chilli Fish Stew

Cod fish cooked in a sweet chilli sauce with carrots & peppers please inform staff of how hot you would like this dish



SIDES all £4.95

Rice & Peas (cooked with kidney beans)

Sweet potato mash (jamaican sweet potatoes are white)

Dumplings (jamaican fried cornmeal dough balls)

Festivals (long sweet fried dumplings)

Seasoned chunky chips

Chili Garlic Bread

Toasted Mango Bread

Fried Plantain

(all suitable for vegans)

Coconut Rice

KIDS MENU all £7.95

Plain Macaroni Cheese

Hot Dog & Chips

Fish Cakes & Chips

DESSERTS

Homemade Cake (please ask for details) - £7.95

Rum & Raisin Ice cream - £5.95

Vanilla Ice cream - £5.95

Sorbet (please ask for flavours) - £5.95



by *Moshan*

Caribbean
Plant Based
Vegan Menu

Appetisers - ALL £7.95

Aloo Balls - 3 x seasoned white sweet potato balls fried with chili and turmeric

Sweetcorn Fritters - 3 x fritters with sweetcorn, spring onion, peppers & spices

Dumplings in Gravy - 3 x boiled dumplings in jerk gravy

Main Dishes - ALL £13.95

*All main dishes come with rice n peas & steamed veg *excluding Rasta Pasta,*

this dish comes with plantain and steamed veg

Coconut & Lentil Curry GF - a mild dish also with sweet potato, Yam, pak choi

Rasta Pasta - tagliatelle tossed in a creamy style jerk sauce with mushrooms, peppers and spring onion

Black Bean Stew & Spinners - with plant based protein/soya, with chunks of pumpkin, sweet potato, yam & mini boiled dumplings

Vegetable Run Down GF - okra, sweet potato, carrots, cabbage, sweetcorn simmered down a creamy coconut sauce with garlic & thyme

Curried Ackee & Callaloo GF - a yellow savoury fruit, pan fried with spinach style veg, tomatoes, peppers & onions

Sides - ALL £4.95

Fried Plantain GF - savoury style banana

Fried Dumpling - x 2 fried dough balls

Festivals - x 2 sweet fried dumplings with cinnamon & nutmeg

Rice n Peas GF - seasoned and cooked with kidney beans



Sweet Potato Fries



Fill ya'self with Vitality

Tel 01793 320723 Moshanilandgrill@hotmail.com

www.moshanilandgrill.co.uk

Follow us on  

Moshan



COCKTAILS

All £8.95 each or 2 for £16
(Must be 2 of the same)

Pina Colada

Malibu, Bacardi with cream & coconut milk

Jamaican Sunshine

A mixture of rums, mango juice & grenadine

Havana Beach

Havana Gold, pineapple juice, ginger beer & fresh lime

Rum Ting

Bacardi white rum, grapefruit soda & fresh lime

Cherry Bomb

Darkrum, cherry sourz & coke

Rum Punch

Moshans Famous Rum Punch

a mix of 3 rums plus secret ingredients

Hurricane

Over proofed rum, dark rum, passion fruit liquor, tropical juice

The Duppy

Over proofed rum, dark rum, fresh lime, pineapple
& coconut and a splash of grenadine

Coconut mojito

Coconut rum, fresh lime, mint and cream soda

Mango mojito

Gold rum, mint, and sweet mango nectar topped with soda



DRINKS

NON ALCOHOLIC DRINKS

Juices & Sodas	all £3.95
Tropical Juice	
Mango Juice	
Coconut & Pineapple Juice	
Jamaican Ginger Beer	
Ting	
Coke / Diet coke	
7up	
(upgrade to a pint for an extra £1)	
Bottled water (still or sparkling) -	£3.95
Herbal Tea -	£3.95
please ask for flavours	
Coffee -	£4.50
add a shot of dark rum -	+ £2
Hot chocolate -	£4.50
coconut flavour	+ 50p

ALCOHOL

Jug of Rum Punch	£19.00
Wine	
Bottle of Wine -	£16.95
Medium Glass -	£6.95
Large Glass -	£8.95
Pinot (white, Zinfandel (rose) Merlot (red)	
Jamaican Magnum Tonic Wine	£8.95
Selection of Rums	
Single with mixer -	£6.95
Double with mixer -	£7.95
Beers	
Redstripe Pint -	£6.25
Redstripe Half -	£4.95
Bottled Beer	all £5.95
Dragon Stout	
Heineken	
Sol Mexican Beer	

Spirits inc Mixer -	
Single with mixer -	£6.95
Double with mixer -	£7.95
Dead Mans Fingers Mango Rum	
Malibu coconut White Rum	
Captain Morgans Tiki Pineapple Rum	
Mount Gay Dark Rum	
Appleton's Kingston 62 Gold Rum	
Havana Club Gold Rum	
Sailor Jerry's Spiced Rum	
Kraken Spiced Rum	
Wray & Nephews Over Proofed White Rum	
Bacardi White Rum	
Smirnoff Vodka	
Bombay Sapphire Gin	
Gordon's Flavoured Gin	

Tel 01793 320723 Moshanislandgrill@hotmail.com
www.moshanislandgrill.co.uk Follow us on  