

Moshan

STARTERS

All starters are served with salad & homemade coleslaw (excl the soup)

- (V) Trinidad Roti - £6.95**
A paratha flat bread filled with curried lentil & sweet potato
- Jerk Chicken Skewers - £6.95**
Grilled jerk chicken breast with onions & peppers
- Jerk Pork Belly - £6.95**
Slices of grilled jerk pork belly, served with dipping honey
- Stamp & Go - £6.95**
Spiced saltfish fritters, peppers, onions fried in turmeric batter
- Jamaican Pattie - £5.95**
Curried lamb or saltfish baked in a cornmeal pastry
- (V) Jamaican Veg Pattie - £5.95**
Curried mixed vegetables baked in a cornmeal pastry
- (V) Cassava Chips - £5.95**
(made from the root of the Yuca plant)
Crispy on the outside, fluffy & creamy on the inside
- (VG) Soup of the day - £5.95**
Served with chilli garlic bread
Please ask for details

MAIN MENU

From The Grill

- Moshan Mixed Grill - £21.95**
Jerk lamb chop, 5oz rump steaks, 8oz jerk chicken breast & jerk pork belly
+ served with seasoned fries, salad & coleslaw
- Minted jerk lamb steaks - £17.95**
Two lamb steaks marinated in our unique minted jerk marinade
+ served with jamaican sweet potato mash (white), sweet pepper gravy, salad & coleslaw
- Jerk Steak - £17.95**
8oz beef sirloin steak marinated in our homemade jerk seasoning
+ served with seasoned fries, salad & coleslaw
- Rum Steak - £16.95**
8oz beef rump steak seasoned & served with rum gravy
+ served with seasoned fries, salad & coleslaw
- Jerk Chicken - £13.95**
Boneless chicken breast marinated in our homemade jerk seasoning
+ served with rice n peas, salad & coleslaw
- Mac Cheese & Jerk Chicken Bake - £12.95**
Baked both together and grilled
+ served with Chilli Garlic bread & Coleslaw
- (V) Barbados Bake - £9.95**
Macaroni baked in a creamy cheese sauce with peppers, onions & spices topped with cheese & baked until golden
+ served with chilli garlic bread & coleslaw

MAINS

One Pot Dishes - all £9.95

A taste of the Caribbean!

Please choose your sides separately to go with the following dishes

Curried Goat

An authentic Jamaican dish, some bones remain therefore not suitable for children



Caribbean Chicken Curry

Chicken breast & sweet potato in a creamy coconut curry sauce



Brown Stew Chicken

Succulent chicken thighs cooked in a rich gravy with carrots & potatoes

Caribbean Fish Curry

Chunks of cod, king prawns & papaya cooked in a creamy coconut curry sauce



Ackee & Saltfish

Salted codfish, peppers, onions, tomatoes & chilli
"Jamaica's national dish"

Chilli Fish Stew

Cod fish cooked in a sweet chilli sauce with carrots & peppers please inform staff of how hot you would like this dish

(VG) Ital Stew

Yam, sweet potato, pak Choi, carrots with lentils cooked in a creamy coconut curry





SIDES all £3.95

- Rice & Peas** (cooked with kidney beans)
- Sweet potato mash** (jamaican sweet potatoes are white)
- Dumplings** (jamaican fried cornmeal dough balls)
- Festivals** (long sweet fried dumplings)
- Seasoned chunky chips**
- Chili Garlic Bread**
- Toasted Mango Bread**
- Fried Plantain**
(all suitable for vegans)
- Coconut Rice**

KIDS MENU all £5.95

- Plain Macaroni Cheese**
- Hot Dog & Chips**
- Fish Cakes & Chips**

DESSERTS

- Homemade Cake (please ask for details) - £6.95**
- Spiced Bun & Cheese - £5.95**
Jamaica's famous cinnamon spiced bun with butter & cheese
- Rum & Raisin Ice cream - £4.95**
- Vanilla Ice cream - £4.95**
- Sorbet (please ask for flavours) - £4.95**

NON ALCOHOLIC DRINKS

- Juices & Sodas all £1.95**
- Black Grape Juice**
- Tropical Juice**
- Mango Juice**
- Coconut & Pineapple Juice**
- Jamaican Ginger Beer**
- Ting**
- Coke / Diet coke**
- 7up**
(upgrade to a pint for an extra £1)

- Bottled water (still or sparkling) - £1.95**
- Herbal Tea - £1.95**
please ask for flavours
- Coffee - £2.50**
add a shot of dark rum - + £2
- Hot chocolate - £2.50**
coconut flavour + 50p

ALCOHOL

- Wine**
- Bottle of Wine - £14.95**
- Medium Glass - £4.95**
- Large Glass - £6.95**
Pinot (white, Zinfandel (rose) Merlot (red)

ALCOHOL CONT.

- Cocktails all £6.95**
- Pina Colada**
Malibu, Bacardi with cream & coconut milk
- Jamaican Sunshine**
A mixture of rums, mango juice & grenadine
- Havana Beach**
Havana Gold, pineapple juice, ginger beer & fresh lime
- Rum Ting**
Bacardi white rum, grapefruit soda & fresh lime
- Cherry Bomb**
Darkrum, cherry sourz & coke
- Rum Hot Toddy**
Morgan Spiced rum with honey & warming spices

- Jug of Rum Punch - £16**
- Glass of Rum Punch - £5.95**
- Moshans Famous Rum Punch**
a mix of 3 rums plus secret ingredients

- Selection of Rums**
- Single with mixer - £4.95**
- Double with mixer - £5.95**

- Beers**
- Redstripe Pint - £4.25**
- Redstripe Half - £2.95**

- Bottled Beer all £3.95**
- Heineken**
- Guinness**
- Carib (Trinidad/Tobago)**

Moshan

LUNCH MENU

A taste of the Caribbean!

FROM £5.95



Jerk Chicken Loaded Chips - £8.95

Chunky seasoned chips, topped with chopped jerk chicken breast, red onion & grated mixed cheese, drizzled with sweet pepper gravy & a side of homemade coleslaw

Jerk Cheese Burger - £8.95

6oz grilled beef burger seasoned with our homemade jerk seasoning in a toasted ciabatta roll, monterrey jack cheese with jerk bbq sauce.

+ Served with seasoned fries, salad & coleslaw

Jerk Chicken Burrito - £8.95

Grilled jerk chicken pieces, rice n peas, peppers, onions & grated cheese in a toasted tortilla wrap

+ Served with seasoned fries, salad & coleslaw

(VG/V) Mixed Veg Toasted Burrito - £7.95

Mixed peppers, onions, rice n peas, grated cheese* in a toasted tortilla wrap

+ Served with seasoned fries, salad & coleslaw*

** if Vegan please request no cheese & coleslaw

Jerk Chicken - £6.95

Grilled jerk chicken breast with sweet pepper gravy

+ Served with rice n peas, salad & coleslaw

Fried Chicken - £6.95

Chicken breast strips fried in a hot crispy coating

+ Served with seasoned fries, salad & coleslaw

Jerk Pork Belly - £6.95

Slices of grilled jerk pork belly

+ Served with rice n peas, salad & coleslaw

(V) Trinidad Roti - £6.95

A paratha flat bread filled with curried lentils & sweet potato

+ Served with rice n peas, salad & coleslaw

Jamaican Pattie - £5.95

Curried lamb or saltfish baked in a cornmeal pastry

+ Served with seasoned fries, salad & coleslaw

(V) Jamaican Veg Pattie - £5.95

Curried mixed vegetables baked in a cornmeal pastry

+ Served with seasoned fries, salad & coleslaw

(VG) Soup of the day (Please ask for details) - £5.95

+ Served with chili garlic bread



ADDITIONAL SIDES all £3.95

Rice & Peas (cooked with kidney beans)

Sweet potato mash (jamaican sweet potatoes are white)

Dumplings (jamaican fried cornmeal dough balls)

Festivals (long sweet fried dumplings)

Seasoned chunky chips

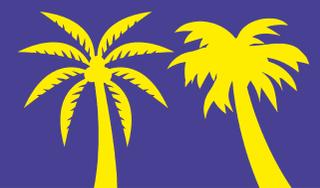
Chili Garlic Bread

Toasted Mango Bread

Fried Plantain

(all suitable for vegans)

Coconut Rice





KIDS MENU all £5.95

Plain Macaroni Cheese
Hot Dog & Chips
Fish Cakes & Chips

DESSERTS

Homemade Cake (please ask for details) - £6.95
Spiced Bun & Cheese - £5.95
Jamaica's famous cinnamon spiced
bun with butter & cheese
Rum & Raisin Ice cream - £4.95
Vanilla Ice cream - £4.95
Sorbet (please ask for flavours) - £4.95

Moshan



NON ALCOHOLIC DRINKS

Juices & Sodas all £1.95
Black Grape Juice
Tropical Juice
Mango Juice
Coconut & Pineapple Juice
Jamaican Ginger Beer
Ting
Coke / Diet coke
7up
(upgrade to a pint for an extra £1)
Bottled water (still or sparkling) - £1.95
Herbal Tea - £1.95
please ask for flavours
Coffee - £2.50
add a shot of dark rum - + £2
Hot chocolate - £2.50
coconut flavour + 50p

ALCOHOL

Wine
Bottle of Wine - £14.95
Medium Glass - £4.95
Large Glass - £6.95
Pinot (white, Zinfandel (rose) Merlot (red)

ALCOHOL CONT.

Cocktails all £6.95
Pina Colada
Malibu, Bacardi with cream & coconut milk
Jamaican Sunshine
A mixture of rums, mango juice & grenadine
Havana Beach
Havana Gold, pineapple juice, ginger beer & fresh lime
Rum Ting
Bacardi white rum, grapefruit soda & fresh lime
Cherry Bomb
Darkrum, cherry sourz & coke
Rum Hot Toddy
Morgan Spiced rum with honey & warming spices
Jug of Rum Punch - £16
Glass of Rum Punch - £5.95
Moshans Famous Rum Punch
a mix of 3 rums plus secret ingredients
Selection of Rums
Single with mixer - £4.95
Double with mixer - £5.95
Beers
Redstripe Pint - £4.25
Redstripe Half - £2.95
Bottled Beer all £3.95
Heineken
Guinness
Carib (Trinidad/Tobago)

** please ask for seperate vegan menu

Moshan

STARTERS

+ All starters are served with salad & homemade coleslaw
(exl the soup)

* If you are Vegan please request no coleslaw

(V) Trinidad Roti - £6.95

A paratha flat bread filled with curried lentil & sweet potato

(V) Jamaican Veg Pattie - £5.95

Curried mixed vegetables baked in a cornmeal pastry

(V/VG) Cassava Chips - £5.95

(made from the root of the Yuca plant)

Crispy on the outside, fluffy and creamy on the inside

*please request no coleslaw if Vegan

**(VG) Soup of the day
(please ask for details) - £5.95**

Served with chili garlic bread

A taste of the Caribbean!

VEGETARIAN / VEGAN MENU

MAINS

(V) Barbados Bake - £9.95

Macaroni baked in a creamy cheese sauce with peppers,
onions & spices topped with cheese & baked until golden
Served with chilli garlic bread & coleslaw

(V) Trinidad Roti - £9.95

A paratha flat bread filled with curried lentil & sweet
potato, served with rice n peas salad & coleslaw

(VG) Ital Stew - £9.95

Yam, sweet potato, pak Choi, carrots with lentils cooked in
a creamy coconut curry



SIDES all £3.95

Rice & Peas (cooked with kidney beans)

Sweet potato mash (jamaican sweet potatoes are white)

Dumplings (jamaican fried cornmeal dough balls)

Festivals (long sweet fried dumplings)

Seasoned chunky chips

Chili Garlic Bread

Toasted Mango Bread

Fried Plantain

Coconut Rice

DESSERTS

Spiced Bun & Cheese - £5.95

(V/VG) Jamaica's famous cinnamon spiced bun with vitalite spread & cheese*

* please request no cheese if Vegan

Sorbet - £4.95

Please ask for flavours

NON ALCOHOLIC DRINKS

Juices & Sodas all £1.95

- (VG) Black Grape Juice
 - (VG) Tropical Juice
 - (VG) Mango Juice
 - (VG) Coconut & Pineapple Juice
 - (VG) Jamaican Ginger Beer
 - (VG) 7up
 - Ting*
 - Coke / Diet coke*
- (upgrade to a pint for an extra £1)

(VG) Bottled water (still or sparkling) - £1.95

(VG) Peppermint Tea - £1.95

(V/VG) Coffee - £2.50

add a shot of dark rum - + £2

Hot chocolate - £2.50

coconut flavour + 50p

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ALCOHOL

Cocktails all £6.95

(VG) Jamaican Sunshine

A mixture of rums, mango juice * grenadine

(VG) Havana Beach

Havana Gold, pineapple juice, ginger beer & fresh lime

Rum Ting

Bacardi white rum, grapefruit soda* & fresh lime

Cherry Bomb

Darkrum, cherry sourz & coke*

Pina Colada

Malibu, Bacardi with cream & coconut milk

Rum Hot Toddy

Morgan Spiced rum with honey & warming spices

(VG) Jug of Rum Punch - £16

(VG) Glass of Rum Punch - £5.95

Moshans Famous Rum Punch

a mix of 3 rums plus secret ingredients



ALCOHOL CONT.

Selection of Rums

Single with mixer - £4.95

Double with mixer - £5.95

**** FROM COCA COLA website ****

Most of our drinks are vegan & vegetarian friendly, however a few beverages contain small traces of fish geletine.

Ting (grapefruit soda)

we can not confirm if this is vegan friendly

Beers

(VG) Redstripe Pint - £4.25

(VG) Redstripe Half - £2.95

** Brewed in UK so IS vegan friendly

Bottled Beer - all £3.95

(VG) Guinness

Disclaimer

We have tried really hard to research all food items / ingredients & all of the drinks listed above, all of which at the time of creating the menu were found to be vegan friendly